



## Woburn Lower School

### Personal, Social & Health Education Policy

#### Rational

At Woburn Lower School we are committed to the development of children's personal, social and health education.

The DfE (2014) specified as part of its National Curriculum guidance that 'All schools should make provision for personal, social, health and economic education (PSHE), drawing upon good practice'. All schools must provide a curriculum that is broadly based, balanced and meets the needs of all pupils. Under section 78 of the Education Act (2002) a PSHE Curriculum should:

- Promote the spiritual, moral, cultural, mental and physical development of pupils
- Prepare pupils at the school for the opportunities, responsibilities and experiences of later life.

#### Aims

At Woburn Lower School our PSHE curriculum enables our children to become healthy, independent and responsible members of society.

#### Our Curriculum

At Woburn Lower School we use the Jigsaw PSHE scheme of work as the basis for our Curriculum.

Themes explored through this curriculum are:

- Being me in my world: Includes understanding my place in the class. School and global community
- Celebrating difference: Includes anti-bullying and diversity work
- Dreams and goals: Includes goal-setting, aspirations, working together as a team
- Healthy me: Includes healthy lifestyle choices, developing high self-esteem and confidence
- Relationships: Includes understanding friendship, family and other relationships, conflict resolution and communication skills
- Changing me: Includes relationships and sex education in context of looking at change

At Woburn Lower School we recognise that the development of children's personal, social and health education is interlinked with all Curriculum subjects and with the ethos and values of the school.

#### Related policies:

All Curriculum policies  
Relationships and Health  
E- Safeguarding  
Child-on-child abuse  
Behaviour  
Anti-bullying

Safeguarding  
SMSC  
Values

**Governor:**

**Date: September 2023**

**Headteacher:**

**Date: September 2023**

**Review: September 2025**